CATHEDRAL OF

SAINT MARKELLA

WEEKLY NEWSLETTER

With the Blessings of His Eminence, Metropolitan Demetrius

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Protopresbyter Fr. Theodoros Giannakopoulos • Archimandrite Fr. Epiphanios Antoniou

MARCH 30TH/APRIL 12TH - PALM SUNDAY

Τὸ Άναστάσιμον. ή Ηχος α'.

Τὴν κοινὴν Ἀνάστασιν πρὸ τοῦ σοῦ Πάθους πιστούμενος, ἐκ νεκρῶν ἤγειρας τὸν Λάζαρον, Χριστὲ ὁ Θεός· ὅθεν καὶ ἡμεῖς ὡς οἱ Παῖδες, τὰ τῆς νίκης σύμβολα φέροντες, σοὶ τῷ Νικητῆ τοῦ θανάτου βοῶμεν· Ώσαννὰ ἐν τοῖς ὑψίστοις, εὐλογημένος ὁ ἐρχόμενος, ἐν ὀνόματι Κυρίου.

Έτερον. Τοῦ Τριωδίου. ήΤχος δ΄.

Συνταφέντες σοι διὰ τοῦ Βαπτίσματος, Χριστὲ ὁ Θεὸς ἡμῶν, τῆς ἀθανάτου ζωῆς ἠξιώθημεν τῆ Ἀναστάσει σου, καὶ ἀνυμνοῦντες κράζομεν 'Ωσαννὰ ἐν τοῖς ὑψίστοις, εὐλογημένος ὁ ἐρχόμενος, ἐν ὀνόματι Κυρίου.

Τοῦ Τριωδίου. Κοντάκιον. ³Ηχος πλ. β΄. Αὐτόμελον.

Τῷ θρόνῳ ἐν οὐρανῷ, τῷ πώλῳ ἐπὶ τῆς γῆς, ἐποχούμενος Χριστὲ ὁ Θεός, τῶν Ἁγγέλων τὴν αἴνεσιν, καὶ τῶν Παίδων ἀνύμνησιν προσεδέξω βοώντων σοι Εὐλογημένος εἶ ὁ ἐρχόμενος, τὸν Ἀδὰμ ἀνακαλέσασθαι.

For the Resurrection, 1st Tone.

In confirming the common Resurrection, O Christ God, Thou didst raise up Lazarus from the dead before Thy Passion. Wherefore, we also, like the children, bearing symbols of victory, cry to Thee, the Vanquisher of death: Hosanna in the highest; blessed is he that cometh in the Name of the Lord.

Another. From Triodion, 4th Tone.

As by baptism we were buried with Thee, O Christ our God, so by Thy Resurrection we were deemed worthy of immortal life; and praising Thee, we cry, Hosanna in the highest; blessed is He that cometh in the Name of the Lord.

Kontakion. Plagal of 2nd Tone.

Being borne upon a throne in Heaven, and upon a colt on the earth, O Christ God, Thou didst accept the praise of the Angels and the laudation of the children as they cried to Thee: Blessed art Thou Who comest to recall Adam.

EPISTLE AND GOSPEL READINGS

Lesson from the Epistle of Saint Paul to the Philippians (4:4-9)

Brethren, rejoice in the Lord always; again I will say, Rejoice. Let all men know your forbearance. The Lord is at hand. Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which passes all understanding, will keep your hearts and your minds in Christ Jesus. Finally, brethren, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence, if there is anything worthy of praise, think about these things. What you have learned and received and heard and seen in me, do; and the God of peace will be with you.

Palm Sunday Gospel According to St. John (12:1-18)

Six days before Passover, Jesus came to Bethany, where Lazarus was, whom Jesus had raised from the dead. There they made him a supper; Martha served, and Lazarus was one of those at table with him. Mary took a pound of costly ointment of pure nard and anointed the feet of Jesus and wiped his feet with her hair; and the house was filled with the fragrance of the ointment. But Judas Iscariot, one of his disciples (he who was to betray him), said "Why was this ointment not sold for three hundred denarii and given to the poor?" This he said, not that he cared for the poor but because he was a thief, and as he had the money box he used to take what was put into it. Jesus said, "Let her alone, let her keep it for the day of my burial. The poor you always have with you, but you do not always have me." When the great crowd of the Jews learned that he was there, they came, not only on account of Jesus but also to see Lazarus, whom he had raised from the dead. So the chief priests planned to put Lazarus also to death, because on account of him many of the Jews were going away and believing in Jesus. The next day a great crowd who had come to the feast heard that Jesus was coming to Jerusalem. So they took branches of palm trees and went out to meet him, crying, "Hosanna! Blessed is he who comes in the name of the Lord, even the King of Israel!" And Jesus found a young donkey and sat upon it; as it is written, "Fear not, daughter of Zion; behold, your king is coming, sitting on a donkey's colt!" His disciples did not understand this at first; but when Jesus was glorified, then they remembered that this had been written of him and had been done to him. The crowd that had been with him when he called Lazarus out of the tomb and raised him from the dead bore witness. The reason why the crowd went to meet him was that they heard he had done this sign.

ΑΠΟΣΤΟΛΟΣ ΚΑΙ ΕΥΑΓΓΕΛΙΟΝ

Πρός Φιλιππησίους Έπιστολης Παύλου τὸ Ανάγνωσμα (4:4-9)

Αδελφοί, χαίρετε ἐν κυρίῳ πάντοτε· πάλιν ἐρῶ, χαίρετε. Τὸ ἐπιεικὲς ὑμῶν γνωσθήτω πᾶσιν ἀνθρώποις. Ὁ κύριος ἐγγύς. Μηδὲν μεριμνᾶτε, ἀλλ' ἐν παντὶ τῇ προσευχῇ καὶ τῇ δεήσει μετὰ εὐχαριστίας τὰ αἰτήματα ὑμῶν γνωριζέσθω πρὸς τὸν θεόν. Καὶ ἡ εἰρήνη τοῦ θεοῦ ἡ ὑπερέχουσα πάντα νοῦν, φρουρήσει τὰς καρδίας ὑμῶν καὶ τὰ νοήματα ὑμῶν ἐν Χριστῷ Ἰησοῦ. Τὸ λοιπόν, ἀδελφοί, ὅσα ἐστὶν ἀληθῆ, ὅσα σεμνά, ὅσα δίκαια, ὅσα ἀγνά, ὅσα προσφιλῆ, ὅσα εὕφημα, εἴ τις ἀρετὴ καὶ εἴ τις ἔπαινος, ταῦτα λογίζεσθε. Ἡ καὶ ἐμάθετε καὶ παρελάβετε καὶ ἡκούσατε καὶ εἴδετε ἐν ἐμοί, ταῦτα πράσσετε· καὶ ὁ θεὸς τῆς εἰρήνης ἔσται μεθ' ὑμῶν.

Κυριακή των Βαΐων

Έκ τοῦ Κατὰ Τωάννην Αγίου Εὐαγγελίου τὸ Ανάγνωσμα (12:1-18)

Πρὸ εξ ήμερῶν τοῦ πάσχα ἦλθεν Ὁ Ἰησοῦς εἰς Βηθανίαν, ὅπου ἦν Λάζαρος ὁ τεθνηκώς, ὃν ήγειρεν ἐκ νεκρῶν. ἐποίησαν οὖν αὐτῷ δεῖπνον ἐκεῖ, καὶ ἡ Μάρθα διηκόνει ὁ δὲ Λάζαρος εἶς ἦν τῶν ἀνακειμένων σὺν αὐτῶ. ἡ οὖν Μαρία, λαβοῦσα λίτραν μύρου νάρδου πιστικῆς πολυτίμου, ήλειψε τοὺς πόδας τοῦ Ἰησοῦ καὶ ἐξέμαξε ταῖς θριξὶν αὐτῆς τοὺς πόδας αὐτοῦ· ἡ δὲ οἰκία έπληρώθη ἐκ τῆς ὀσμῆς τοῦ μύρου. λέγει οὖν εἶς ἐκ τῶν μαθητῶν αὐτοῦ, Ἰούδας Σίμωνος Ίσκαριώτης, ὁ μέλλων αὐτὸν παραδιδόναι διατί τοῦτο τὸ μύρον οὐκ ἐπράθη τριακοσίων δηναρίων καὶ ἐδόθη πτωχοῖς; εἶπε δὲ τοῦτο οὐχ ὅτι περὶ τῶν πτωχῶν ἔμελεν αὐτῷ, ἀλλ' ὅτι κλέπτης ήν, καὶ τὸ γλωσσόκομον εἶγε καὶ τὰ βαλλόμενα ἐβάσταζεν. εἶπεν οὖν ὁ Ἰησοῦς ἄφες αὐτήν, εἰς τὴν ἡμέραν τοῦ ἐνταφιασμοῦ μου τετήρηκεν αὐτό. τοὺς πτωχοὺς γὰρ πάντοτε ἔχετε μεθ' έαυτῶν, ἐμὲ δὲ οὐ πάντοτε ἔχετε. Έγνω οὖν ὅχλος πολὺς ἐκ τῶν Ἰουδαίων ὅτι ἐκεῖ ἐστι, καὶ ἦλθον οὐ διὰ τὸν Ἰησοῦν μόνον, ἀλλ' ἵνα καὶ τὸν Λάζαρον ἴδωσιν ὃν ἤγειρεν ἐκ νεκρῶν. ἐβουλεύσαντο δὲ οἱ ἀρχιερεῖς ἵνα καὶ τὸν Λάζαρον ἀποκτείνωσιν, ὅτι πολλοὶ δι' αὐτὸν ύπῆγον τῶν Ἰουδαίων καὶ ἐπίστευον εἰς τὸν Ἰησοῦν. Τῆ ἐπαύριον ὄχλος πολὺς ὁ ἐλθὼν εἰς τὴν έορτήν, ἀκούσαντες ὅτι ἔρχεται Ἰησοῦς εἰς Ἱεροσόλυμα, ἔλαβον τὰ βαΐα τῶν φοινίκων καὶ έξηλθον εἰς ὑπάντησιν αὐτῷ, καὶ ἔκραζον ὡσαννά, εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου, ὁ βασιλεὺς τοῦ Ἰσραήλ. εύρὼν δὲ ὁ Ἰησοῦς ὀνάριον ἐκάθισεν ἐπ' αὐτό, καθώς ἐστι γεγραμμένον μη φοβοῦ, θύγατερ Σιών ἰδοὸ ὁ βασιλεύς σου ἔρχεται καθήμενος ἐπὶ πῶλον ὄνου. Ταῦτα δὲ οὐκ ἔγνωσαν οἱ μαθηταὶ αὐτοῦ τὸ πρῶτον, ἀλλ' ὅτε ἐδοξάσθη ὁ Ἰησοῦς, τότε έμνήσθησαν ὅτι ταῦτα ἦν ἐπ' αὐτῷ γεγραμμένα, καὶ ταῦτα ἐποίησαν αὐτῷ. Ἐμαρτύρει οὖν ὁ όχλος ὁ ὢν μετ' αὐτοῦ ὅτε τὸν Λάζαρον ἐφώνησεν ἐκ τοῦ μνημείου καὶ ἤγειρεν αὐτὸν ἐκ νεκρών. διὰ τοῦτο καὶ ὑπήντησεν αὐτῷ ὁ ὄχλος, ὅτι ἤκουσαν τοῦτο αὐτὸν πεποιηκέναι τὸ σημεῖον.

SYNAXARION OF THE WEEK

Monday, April 13th

On Holy and Great Monday we make remembrance of blessed Joseph, the all-comely, and of the fig tree which was cursed and withered by the Lord.

Tuesday, April 14th

On Holy and Great Tuesday, we make remembrance of the parable of the Ten Virgins, as related in the sacred Gospel.

Wednesday, April 15th

On Holy and Great Wednesday, the most divine fathers have ordained that commemoration be made of the anointing of the Lord with myrrh by the woman who was a harlot; for this took place shortly before the saving Passion.

Thursday, April 16th

On Holy and Great Thursday, the divine Fathers, who have ordained all things well, have delivered unto us from the divine Apostles and sacred Gospels, that four events should be celebrated successively: the sacred washing of the disciples' feet, the Mystical Supper (to wit, the tradition of the awesome Mysteries that hath been given in our behalf), the sublime prayer in the garden, and the betrayal.

Friday, April 17th

On Holy and Great Friday, we celebrate the holy saving and dread Passion of our Lord and God and Savior Jesus Christ: to whit, the spittings, the scourgings, the buffetings, the insults, the mocking, the purple robe, the reed, the sponge, the vinegar, the nails, the lance, and above all the Cross and death, which He willingly endured for us: furthermore we celebrate the saving confession on the cross of the grateful thief, who was crucified with Him.

Saturday, April 18th

On Holy and Great Saturday, we celebrate the burial of the Divine Body, and the descent into Hades of our Lord and God and Savior Jesus Christ, whereby, recalling our race from corruption, He translated it to eternal life.

PALM SUNDAY

On the last Sunday of Great Lent, the Church remembers the triumphant entrance of Jesus Christ into Jerusalem. The day before, on Saturday, is the remembrance of the great miracle which had recently been wrought in Bethany– the Resurrection of Lazarus, who had been dead and buried four days in his tomb. Many of the people, having witnessed this miracle, believed in Christ and were awaiting His coming into Jerusalem for the Feast of Passover. But the Teachers and the Pharisees wanted to have Jesus killed because they envied him.

The time of Christ's suffering was approaching. Just six days before Passover, when Mary, the sister of the resurrected Lazarus, poured expensive myrrh on Jesus' feet, some of His disciples were displeased at such waste, thinking that the money from the sale of this myrrh could have been used to help the poor. Knowing what lay in store for Him in Jerusalem, Christ told His disciples that with this anointing His body was being prepared for burial. He spoke at great length about the suffering that was drawing near for him.

Finally Jesus gathered His disciples to go to Jerusalem for the feast of Passover.

When they drew nigh unto Jerusalem and had come to Bethphage unto the Mount of Olives, then sent Jesus two disciples, saying unto them, "Go into the village opposite you, and straightway ye shall find an ass tied, and a colt with her. Loose them and bring them unto Me. And if any man say aught unto you, ye shall say, 'The Lord hath need of them,' and straightway he will send them." And the disciples went and did as Jesus commanded them. And they brought the ass and the colt and saddled them with their clothes, and they set Him thereon.

(Matt. 21:1-3; 6-7)

Many in Jerusalem found out that Jesus, the one who had resurrected Lazarus, was approaching. And a very great multitude spread their garments in the way, and others cut down branches from the trees and strewed them in the way. And the multitudes that went before, and followed, cried out, saying, 'Hosanna to the Son of David! Blessed is He that cometh in the name of the Lord! Hosanna in the highest!

And when He had come into Jerusalem, He went into the Temple of God and cast out all those who sold and bought in the Temple and overthrew the tables of the moneychangers and said unto them, It is written, My house shall be called the house of prayer, but ye have made it into a den of thieves.

And the blind and the lame came to Him in the Temple and He healed them. And when the Chief Priests and Scribes saw the wonderful things that He did and the children crying out in the Temple and saying, *Hosanna to the Son of David*, they were sore displeased and said unto Him, *Hearest thou what these say?* And Jesus said unto them *Yea, have ye never read, 'Out of the mouth of babes and sucklings Thou has perfected praise?'* (Matt. 21:8-16)



ΚΥΡΙΑΚΗ ΤΩΝ ΒΑΪΩΝ

`Η 'ἀνάμνηση τῆς θριαμβευτικῆς εἰσόδου τοῦ Χριστοῦ στά Τεροσόλυμα, μετά τήν ἀνάσταση τοῦ Δικαίου Λαζάρου, εἶναι μία ἀπό τίς ἀρχαιότερες εορτές τῆς Ἐκκλησίας. Ἡδη τόν 4ο αἰ., ὴ Ἰσπανίδα μοναχή Αἰθερία σημειώνει στό Ὀδοιπορικό _της, τόν ἐορτασμό τῆς Ἑορτής ἀπό τήν Ἐκκλησία τῶν Ἱεροσολύμων. Ὁ ὲορτασμός αὐτός εἶχε εἰσαχαθεῖ στίς Ἐκκλησίες Ανατολῆς καί Δύσεως, μέχρι τόν 7ο αἰ., μάλιστα εἶχαν δημιουργηθεῖ καί σχετικά λειτουργικά ἕθιμα. Στούς Ἁγίους Τόπους λ.χ. οὶ πιστοί λιτάνευαν πρός τό Ὅρος τῶν Ἐλαιῶν, μέ τόν Πατριάρχη "καθήμενο ἐπί πώλου ὄνου"· ἐνῶ ἀργότερα στήν Ὀρθόδοζη Ρωσική Ἐκκλησία, "ἐν Μόσχα, γενομένης λιτανείας, ἐκαθέζετο ὁ Μητροπολίτης καί εἶτα ὁ Πατριάρχης ἐπί ὄνου, τοῦ ὁποίου τόν χαλινόν ἔσυρεν ὁ Τσάρος."

Ένα ἄλλο ἔθιμο ἀφορᾶ στήν διανομή στούς πιστούς ἀπό τόν Ἐπίσκοπο ἤ τόν λειτουργό Κληρικό, εὐλογημένων βαϊων. Τό ἔθιμο δέν ἀποτελεῖ μόνον ἀνάμνηση τῶν βαϊων πού κρατοῦσαν οί Ἐβραῖοι κατά τήν εἴσοδο τοῦ Χριστοῦ στα Ἱεροσόλυμα, ἀλλά ἔχει καί μεταφορική, πνευματική σημασία. Συμβολίζει τήν νίκη τῶν πιστῶν κατά τῶν παθῶν, τήν αἴσια περάτωση τῆς Αγίας Τεσσαπακοστῆς, τήν κατά Θεόν προπαρασκευή, "ἴνα κεκαθαρμένοι τάς ψυχάς καί μετά βαϊων ἀρετῶν, ἴδωμεν τήν φαιδράν καί ζωηφόρον Ἀνάστασιν τοῦ Χριστοῦ".

Τό ίστορικό μέρος τῆς έορτῆς περιγράφεται στά Ἱερά Εὐαγγέλια (Ματθ. 21, Μάρκ. 11 καί Ἰω. 12). Ἔξη ήμέρες πρίν τό Πάσχα, ἦρθε ό Χριστός στήν Βηθανία· ἐκεῖ τοῦ πρόσφεραν δεῖπνο κατά τό όποῖο, ἢ μέν Μάρθα τον ὑπηρετοῦσε, ἢ δε Μαρία ἄλειψε μέ πολύτιμο μύρο τά πόδια Του καί τά ἀποσπόγγισε μέ τίς τρίχες τῆς κεφαλῆς της. Μετά "ἐπί πώλου ὄνου καθήμενος", εἰσόδευσε θριαμβευτικά στήν Αγία Πόλη, εὐλογούμενος ἀπό τά πλήθη τῶν Ἑβραίων πού ἔστρωναν στήν γῆ τά ἐνδύματά τους καί κρατώντας κλαδιά φοινίκων φώναζαν τό "ὼσαννά τῷ υἰῷ Δαβίδ· εὐλογημένος ὸ ἐρχόμενος ἐν ὀνόματι Κυρίου".

Κατά τήν Βαϊοφόρο ἐκπληρώθηκαν οὶ σχετικές προφητείες ("ἐκ στόματος νηπίων καί θηλαζόντων καταρτίσω αἶνον", Ψαλμ. 7, 3· καί "χαῖρε σφόδρα, θύγατερ Σιών ἰδού ὁ βασιλεύς ἔρχεταί σοι δίκαιος καί σώζων αὐτός, πραϋς καί ἐπιβεβηκώς ἐπί ὑποζύγιον καί πῶλον νέον", Ζαχ. 9,9) καί ἐκφράσθηκε ἡ νίκη τοῦ Χριστοῦ κατά τοῦ θανάτου, διότι "τοῦτο ἦτο σύνηθες εἰς τούς λαούς, νά δέχωνται μέ κλαδοφορίας τούς νικητάς καί νά τούς προπέμπωσιν. Ἐφανέρωνε δέ ὁ πῶλος τόν ἐξ ἐθνῶν λαόν, ἐπάνω εἰς τόν ὸποῖον καθίσας ὸ Χριστός καί ἐπαναπαυθείς, νικητής καί τροπαιοῦχος, ἀνακηρύττεται καί βασιλεύς πάσης τῆς γῆς".



ΙΕΡΑ ΑΚΟΛΟΥΘΙΑΙ ΤΗΣ ΜΕΓΑΛΗΣ ΕΒΔΟΜΑΔΑΣ ΚΑΙ ΤΟΥ ΠΑΣΧΑ

ΣΑΒΒΑΤΟΝ ΤΟΥ ΛΑΖΑΡΟΥ Όρθρος καί Θεία Λειτουργία7:30 πμ
ΚΥΡΙΑΚΗ ΤΩΝ ΒΑΪΩΝ Όρθρος καί Θεία Λειτουργία
ΜΕΓΑΛΗ ΔΕΥΤΕΡΑ Θεία Λειτουργία τῶν Προηγιασμένων Δώρων7:30 πμ Ἱερά Ἀκολουθία τοῦ Νυμφίου
ΜΕΓΑΛΗ ΤΡΙΤΗ Θεία Λειτουργία τῶν Προηγιασμένων Δώρων7:30 πμ Ἱερά Ἀκολουθία τοῦ Νυμφίου
ΜΕΓΑΛΗ ΤΕΤΑΡΤΗ Θεία Λειτουργία τῶν Προηγιασμένων Δώρων7:30 πμ Ἱερά Ἀκολουθία τοῦ Νυμφίου6:30 μμ
ΜΕΓΑΛΗ ΠΕΜΠΤΗ Θρθρος καί Θεία Λειτουργία
ΜΕΓΑ ΣΑΒΒΑΤΟΝ Ὁρθρος καί Θεία Λειτουργία
ΚΥΡΙΑΚΗ ΤΟΥ ΠΑΣΧΑ Μέγας Έσπερινός τῆς Ἀγάπης11:00πμ

CHURCH SERVICES FOR HOLY WEEK AND PASCHA

LAZARUS SATURDAY

Orthros and Divine Liturgy7:30 am
PALM SUNDAY
Orthros and Divine Liturgy8:00 am
Service of the Bridegroom6:30 pm
HOLY AND GREAT MONDAY
The Presanctified Divine Liturgy7:30 am
Service of the Bridegroom6:30 pm
HOLY AND GREAT TUESDAY
The Presanctified Divine Liturgy7:30 am
Service of the Bridegroom6:30 pm
HOLY AND GREAT WEDNESDAY
The Presanctified Divine Liturgy7:30 am
Service of the Bridegroom6:30 pm
HOLY AND GREAT THURSDAY
Orthros and Divine Liturgy8:00 am
The Twelve Gospels of the Passion6:30 pm
The Twelve Gospels of the Tassion
HOLY AND GREAT FRIDAY
The Imperial Hours of the Passion8:30 am
Vespers of the Descent from the Cross 3:00 pm
The Lamentations (Epitaphios Threnos)6:30 pm
The Immediations (Iprimpinos Timenso)///immsios pin
HOLY AND GREAT SATURDAY
Orthros and Divine Liturgy8:30 am
Divine Service of the Resurrection10:30 pm
Divine Liturgy of the Resurrection12:00 am
HOLVAND OBEAT CHNDAY OF BACCHA
HOLY AND GREAT SUNDAY OF PASCHA
Great vespers of Agape11:00 am

ANNOUNCEMENTS

- Construction continues on the entryway of the Cathedral. To donate to the Entryway Fund, please see the inside of the Newsletter or speak to someone at the pangari.
- This year's Greek Independence Day Parade has been postponed. We will keep you informed of the date change.
- As we approach the beginning of Holy Week we are reminded of the many needs of our Cathedral. Please help as much as you are able to offset the cost of the flowers needed for the Epitaphio of our Lord.

ENTRYWAY FUND DONATIONS

Please mark next to the item you would like to donate:

□ Column	\$10,000
□ Steps	\$3,000
□ Platform (5 SF)	\$1,500
☐ Other Donation	

To donate- tear off this slip from the Newsletter and give it to a member of the office.

Please make checks payable to "Cathedral of Saint Markella"