CATHEDRAL OF

SAINT MARKELLA

WEEKLY NEWSLETTER

With the Blessings of His Eminence, Metropolitan Demetrius

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Protopresbyter Fr. Theodoros Giannakopoulos • Archimandrite Fr. Epiphanios Antoniou

MAY 25TH/JUNE 7TH - SUNDAY OF PENTECOST

Τὸ Ἀναστάσιμον. Ἡχος βαρὺς.

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον, ἠνέωξας τῷ Ληστῆ τὸν Παράδεισον, τῶν Μυροφόρων τὸν θρῆνον μετέβαλες, καὶ τοῖς σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας. Ὅτι ἀνέστης Χριστὲ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

Της Άγίας τοῦ Ναοῦ. Ἦχος πλ. α'. Τόν Συνάναρχον Λόγον

Παρθενίαν τηρήσασα άδιάφθορον, ουρανίοις θαλάμοις νύν συνηρίθμησαι, του πατρός το ασελγές αποκρούσασα, τους μαστούς και κεφαλήν απετμήθης πάρ αυτού, Μαρκέλλα Χίου το κλέος, και νύν ως μάρτυς στεφθείσα, πηγή θαυμάτων άφθονος δείκνυσαι.

Απολυτίκιον. Ήχος πλ. δ'.

Εὐλογητὸς εἶ Χριστὲ ὁ Θεὸς ἡμῶν, ὁ πανσόφους, τοὺς άλιεῖς ἀναδείξας, καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ Ἅγιον, καὶ δι' αὐτῶν, τὴν οἰκουμένην σαγηνεύσας φιλάνθρωπε, δόξα σοι.

For the Resurrection. Grave Tone.

By Thy Cross, Thou didst destroy death! To the thief, Thou didst open Paradise! For the myrrh bearers, Thou didst change weeping into joy! And Thou didst command Thy disciples, O Christ God, to proclaim that Thou art risen, granting the world great mercy!

For the Saint of this Temple. Plagal of 1st Tone. Let Us Worship the Word

Thy virginity thou didst preserve most incorrupt and now thou has been numbered among those who dwell in the mansions of heaven. Thou didst reject thy father's advances for which he severed thy breasts and head O Markella; the glory of Chios! And now crowned as a martyr thou wellest forth abundant miracles.

Apolytikion. Plagal of 4th Tone.

Blessed art Thou, O Christ our God, Who hast shown forth the fishermen as supremely wise, by sending down upon them the Holy Spirit, and through them, didst draw the world into Thy net. O Lover of mankind, glory be to Thee.

EPISTLE AND GOSPEL READINGS

Lesson from the Acts of the Apostles (2:1-11)

When the day of Pentecost had come, they were all together in one place. And suddenly a sound came from heaven like the rush of a mighty wind, and it filled all the house where they were sitting. And there appeared to them tongues as of fire, distributed and resting on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance. Now there were dwelling in Jerusalem Jews, devout men from every nation under heaven. And at this sound the multitude came together, and they were bewildered, because each one heard them speaking in his own language. And they were amazed and wondered, saying, "Are not all these who are speaking Galileans? And how is it that we hear, each of us in his own native language? Parthians and Medes and Elamites and residents of Mesopotamia, Judea and Cappadocia, Pontos and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabians, we hear them telling in our own tongues the mighty works of God."



Sunday of Pentecost Gospel According to St. John (7:37-52; 8:12)

On the last day of the feast, the great day, Jesus stood up and proclaimed, "If any one thirst, let him come to me and drink. He who believes in me, as the scripture has said, 'Out of his heart shall flow rivers of living water." Now this he said about the Spirit, which those who believed in him were to receive; for as yet the Spirit had not been given, because Jesus was not yet glorified. When they heard these words, some of the people said, "This is really the prophet." Others said, "This is the Christ." But some said, "Is the Christ to come from Galilee? Has not the scripture said that the Christ is descended from David, and comes from Bethlehem, the village where David was?" So there was a division among the people over him. Some of them wanted to arrest him, but no one laid hands on him. The officers then went back to the chief priests and Pharisees, who said to them, "Why did you not bring him?" The officers answered, "No man ever spoke like this man!" The Pharisees answered them, "Are you led astray, you also? Have any of the authorities or of the Pharisees believed in him? But this crowd, who do not know the law, are accursed." Nikodemos, who had gone to him before, and who was one of them, said to them, "Does our law judge a man without first giving him a hearing and learning what he does?" They replied, "Are you from Galilee too? Search and you will see that no prophet is to rise from Galilee." Again Jesus spoke to them, saying, "I am the light of the world; he who follows me will not walk in darkness, but will have the light of life."

ΑΠΟΣΤΟΛΟΣ ΚΑΙ ΕΥΑΓΓΕΛΙΟΝ

Πράξεις Αποστόλων τὸ Ανάγνωσμα (2:1-11)

Έν τῷ συμπληροῦσθαι τὴν ἡμέραν τῆς Πεντηκοστῆς, ἦσαν ἄπαντεςΝ ὁμοθυμαδὸν ἐπὶ τὸ αὐτό. Καὶ ἐγένετο ἄφνω ἐκ τοῦ οὐρανοῦ ἦχος ἄσπερ φερομένης πνοῆς βιαίας, καὶ ἐπλήρωσεν ὅλον τὸν οἶκον οὖ ἦσαν καθήμενοι. Καὶ ἄφθησαν αὐτοῖς διαμεριζόμεναι γλῶσσαι ὡσεὶ πυρός, ἐκάθισέν τε ἐφ' ἕνα ἕκαστον αὐτῶν. Καὶ ἐπλήσθησαν ἄπαντες πνεύματος ἁγίου, καὶ ἤρξαντο λαλεῖν ἐτέραις γλώσσαις, καθὼς τὸ πνεῦμα ἐδίδου αὐτοῖς ἀποφθέγγεσθαι. Ἡσαν δὲ ἐν Ἱερουσαλὴμ κατοικοῦντες Ἰουδαῖοι, ἄνδρες εὐλαβεῖς, ἀπὸ παντὸς ἔθνους τῶν ὑπὸ τὸν οὐρανόν. Γενομένης δὲ τῆς φωνῆς ταύτης, συνῆλθεν τὸ πλῆθος καὶ συνεχύθη, ὅτι ἤκουον εἶς ἕκαστος τῆ ἰδία διαλέκτω λαλούντων αὐτῶν. Ἑξίσταντο δὲ πάντες καὶ ἐθαύμαζον, λέγοντες πρὸς ἀλλήλους, Οὐκ ἰδοὺ πάντες οὖτοί εἰσιν οἱ λαλοῦντες Γαλιλαῖοι; Καὶ πῶς ἡμεῖς ἀκούομεν ἕκαστος τῆ ἰδία διαλέκτω ἡμῶν ἐν ἦ ἐγεννήθημεν; Πάρθοι καὶ Μῆδοι καὶ Ἑλαμῖται, καὶ οἱ κατοικοῦντες τὴν Μεσοποταμίαν, Ἰουδαίαν τε καὶ Καππαδοκίαν, Πόντον καὶ τὴν Ἁσίαν, Φρυγίαν τε καὶ Παμφυλίαν, Αἴγυπτον καὶ τὰ μέρη τῆς Λιβύης τῆς κατὰ Κυρήνην, καὶ οἱ ἐπιδημοῦντες Ῥωμαῖοι, Ἰουδαῖοί τε καὶ προσήλυτοι, Κρῆτες καὶ Ἄραβες, ἀκούομεν λαλούντων αὐτῶν ταῖς ἡμετέραις γλώσσαις τὰ μεγαλεῖα τοῦ θεοῦ.



Κυριακή της Πεντηκοστής Έκ τοῦ Κατὰ Ἰωάννην Αγίου Εὐαγγελίου (7:37-52; 8:12)

Έν δὲ τῆ ἐσχάτη ἡμέρα τῆ μεγάλη τῆς ἑορτῆς εἱστήκει ὁ Ἰησοῦς καὶ ἔκραξε λέγων ἐάν τις διψᾶ, έρχέσθω πρός με καὶ πινέτω. ὁ πιστεύων εἰς ἐμέ, καθὼς εἶπεν ἡ γραφή, ποταμοὶ ἐκ τῆς κοιλίας αὐτοῦ ρεύσουσιν ὕδατος ζῶντος. τοῦτο δὲ εἶπε περὶ τοῦ Πνεύματος οὖ ἔμελλον λαμβάνειν οἱ πιστεύοντες εἰς αὐτόν οὔπω γὰρ ἦν Πνεῦμα Ἅγιον, ὅτι Ἰησοῦς οὐδέπω ἐδοξάσθη. Πολλοὶ οὖν ἐκ τοῦ ὅχλου άκούσαντες τὸν λόγον ἔλεγον· οὖτός ἐστιν ἀληθῶς ὁ προφήτης· ἄλλοι ἔλεγον· οὖτός ἐστιν ὁ Χριστός: ἄλλοι ἔλεγον: μὴ γὰρ ἐκ τῆς Γαλιλαίας ὁ Χριστὸς ἔρχεται; οὐχὶ ἡ γραφὴ εἶπεν ὅτι ἐκ τοῦ σπέρματος Δαυϊδ καὶ ἀπὸ Βηθλεὲμ τῆς κώμης, ὅπου ἦν Δαυΐδ, ὁ Χριστὸς ἔρχεται; σχίσμα οὖν ἐν τῷ ὄχλφ ἐγένετο δι' αὐτόν. τινὲς δὲ ἤθελον ἐξ αὐτῶν πιάσαι αὐτόν, ἀλλ' οὐδεὶς ἐπέβαλεν ἐπ' αὐτὸν τὰς χεῖρας. Ἡλθον οὖν οἱ ὑπηρέται πρὸς τοὺς ἀρχιερεῖς καὶ Φαρισαίους, καὶ εἶπον αὐτοῖς ἐκεῖνοι διατί ούκ ήγάγετε αὐτόν; ἀπεκρίθησαν οἱ ὑπηρέται οὐδέποτε οὕτως ἐλάλησεν ἄνθρωπος, ὡς οὖτος ὁ άνθρωπος. ἀπεκρίθησαν οὖν αὐτοῖς οἱ Φαρισαῖοι· μὴ καὶ ὑμεῖς πεπλάνησθε; μή τις ἐκ τῶν ἀρχόντων έπίστευσεν είς αὐτὸν ἢ ἐκ τῶν Φαρισαίων; ἀλλ' ὁ ὄχλος οὖτος ὁ μὴ γινώσκων τὸν νόμον έπικατάρατοί είσι! λέγει Νικόδημος πρὸς αὐτούς, ὁ ἐλθὼν νυκτὸς πρὸς αὐτόν, εἶς ὢν έξ αὐτῶν μὴ ὁ νόμος ήμῶν κρίνει τὸν ἄνθρωπον, ἐὰν μὴ ἀκούσῃ παρ' αὐτοῦ πρότερον καὶ γνῷ τί ποιεῖ; ἀπεκρίθησαν καὶ εἶπον αὐτῷ· μὴ καὶ σὸ ἐκ τῆς Γαλιλαίας εἶ; ἐρεύνησον καὶ ἴδε ὅτι προφήτης έκ τῆς Γαλιλαίας οὐκ ἐγήγερται. Πάλιν οὖν αὐτοῖς ὁ Ἰησοῦς ἐλάλησε λέγων ἐγώ εἰμι τὸ φῶς τοῦ κόσμου ὁ ἀκολουθῶν ἐμοὶ οὐ μὴ περιπατήση ἐν τῆ σκοτία, ἀλλ' ἕξει τὸ φῶς τῆς ζωῆς.

SUNDAY OF HOLY PENTECOST

The story of Pentecost is found in the book of The Acts of the Apostles. In Chapter two we are told that the Apostles of our Lord were gathered together in one place. Suddenly, a sound came from heaven like a rushing wind, filling the entire house where they were sitting. Then, tongues of fire appeared, and one sat upon each one of Apostles. They were all filled with the Holy Spirit and began to speak in other languages as directed by the Spirit (Acts 2:1-4).

This miraculous event occurred on the Jewish Feast of Pentecost, celebrated by the Jews on the fiftieth day after the Passover as the culmination of the Feast of Weeks (Exodus 34:22; Deuteronomy 16:10). The Feast of Weeks began on the third day after the Passover with the presentation of the first harvest sheaves to God, and it concluded on Pentecost with the offering of two loaves of unleavened bread, representing the first products of the harvest (Leviticus 23:17-20; Deuteronomy 16:9-10).

Since the Jewish Feast of Pentecost was a great pilgrimage feast, many people from throughout the Roman Empire were gathered in Jerusalem on this day. When the people in Jerusalem heard the sound, they came together and heard their own languages being spoken by the Apostles (Acts 2:5-6). The people were amazed, knowing that some of those speaking were Galileans, and not men who would normally speak many different languages. They wondered what this meant, and some even thought the Apostles were drunk (Acts 2:7-13).

Peter, hearing these remarks, stood up and addressed the crowd. He preached to the people regarding the Old Testament prophecies about the coming of the Holy Spirit. He spoke about Jesus Christ and His death and glorious Resurrection. Great conviction fell upon the people, and they asked the Apostles, "What shall we do?" Peter said to them, "Repent, and let every one of you be baptized in the name of Jesus Christ for the remission of sins; and you shall receive the gift of the Holy Spirit" (Acts 2:38-39).

The Bible records that on that day about three thousand were baptized. Following, the book of Acts states that the newly baptized continued daily to hear the teaching of the Apostles, as the early Christians met together for fellowship, the breaking of bread, and for prayer. Many wonderful signs and miracles were done through the Apostles, and the Lord added to the Church daily those who were being saved (Acts 2:42-47).



ΚΥΡΙΑΚΗ ΤΗΣ ΠΕΝΤΗΚΟΣΤΗΣ

«Τη αυτή ημέρα, Κυριακή ογδόη από του Πάσχα, την αγίαν Πεντηκοστήν εορτάζομεν. Πνοή βιαία γλωσσοπυρσεύτως νέμει, Χριστός το θείον Πνεύμα τοις Αποστόλοις. Εκκέχυται μεγάλω ενί ήματι Πνεύμ' αλιεύσι. Ταις των αγίων Αποστόλων πρεσβείαις, Χριστέ ο Θεός ημών, ελέησον ημάς. Αμήν»

Μετά την Ανάληψη του Κυρίου στους ουρανούς, οι Απόστολοι και οι υπόλοιποι μαθητές του, καθώς και οι γυναίκες που από την αρχή τον είχαν ακολουθήσει, η Παναγία Παρθένος Μαρία η Μητέρα του, περίπου 120 άτομα, γύρισαν στο όρος των Ελαιών στην Ιερουσαλήμ και, μπαίνοντας στο υπερώο, δηλαδή στον πάνω όροφο του σπιτιού εκεί, περίμεναν με προσευχή την επιφοίτηση του Αγίου Πνεύματος, σύμφωνα με την υπόσχεση του Σωτήρα Χριστού. Στο μεταξύ εκεί, εξέλεξαν και τον Ματθία και τον συναρίθμησαν με τους ένδεκα Αποστόλους.

Τότε αυτοί πληρωθέντες από το Πνεύμα το Άγιο, άρχισαν να κηρύττουν και να καλούν τους ανθρώπους να βαπτισθούν και να λάβουν κι αυτοί την χάρη του Αγίου Πνεύματος. Ό,τι είχαν ακούσει και ζήσει κοντά στο Χριστό και δεν το είχαν τότε κατανοήσει, τώρα εν Αγίω Πνεύματι το γνώρισαν και το επαγγέλλονται στο λαό.

Τώρα γνωρίζουν ποια είναι η προοπτική της καινής ζωής και που πρέπει να οδηγήσουν το λαό, γι' αυτό και τους πρώτους τρεις χιλιάδες που βαπτίστηκαν, τους οδηγούν στο Δείπνο της Ζωής, την Τράπεζα της Θείας Ευχαριστίας, όπου στο εξής θα βρίσκεται συναγμένη η Εκκλησία ως σώμα Χριστού, θα τρέφεται με το Σώμα και το Αίμα του Κυρίου και θα συμμετέχει έτσι στην αιώνια ζωή της Βασιλείας του Θεού.

Με την Πεντηκοστή δεν γεννήθηκε η Εκκλησία ως απλός θεσμός, αλλά ως συνεχής παρουσία της χάριτος του Αγίου Πνεύματος, και γι' αυτό η Πεντηκοστή δεν είναι ένα γεγονός που συνέβη μια φορά κάποτε, αλλά είναι η ζωή της Εκκλησίας, ως αδιάκοπη κοινωνία του Αγίου Πνεύματος.

Η Πεντηκοστή, αποτελεί τη γενέθλια ημέρα της Εκκλησίας.



SAINTS OF THE WEEK

Monday, June 8th

Commemorated May 26th

Apostles Carpus of the Seventy and Alphaeus (1st c.) St. Augustine of Canterbury Evangelizer of England (ca. 605)

Tuesday, June 9th

Commemorated May 27th

St. John the Russian (1730)

Hieromartyr Therapon Bishop of Sardis (259)

Wednesday, June 10th

Commemorated May 28th

St. Nicetas Bishop of Chalcedon (9th c.)

St. Ignaatius Bishop and Wonderworker of Rostov (1288)

Thursday, June 11th

Commemorated May 29th

Virgin Martyr Theodosia of Tyre (308)

Friday, June 12th

Commemorated May 30th

St. Isaac, founder of the Dalmatian Monastery at Constantinople (383)

St. Macrina grandmother of St. Basil the Great (4th c.)

Saturday, June 13th

Commemorated May 31st

Apostle Hermes of the Seventy (1st c.)

St. Eustathius Patriarch of Constantinople (1025)

Five Martyrs of Ascalon



A SERMON ON BEING CHRISTIAN, PENTECOST, AND SPIRITUAL GROWTH

By Fr. George Kamberidis

Today is the feast of Pentecost. Today we celebrate when the Holy Spirit came down from the Heavens upon the Disciples of Christ just as He had promised them. The Holy Spirit, that enlightened the prophets, now enlightens the Apostles. He gives them wisdom and the ability to speak in different languages. He enlightens them so that they may understand the heavenly doctrines. He gives them courage to go throughout the world, to teach all nations about the Christ, the Savior of the world, and to baptize all in the Name of the Father, and of the Son, and the Holy Spirit.

Ten days earlier we celebrated the Ascension of Christ. It was on this day that Christ ascended into the Heavens, bringing our nature into heaven. When He was born, He brought His divine nature down to us, and now at His ascension, He brings ours up with Him.

And as he promised, He sent to His disciples the Comforter, the Spirit of Truth, one of the Holy Trinity, the One and only God, to the Apostles and to all of mankind. By sending the Comforter, the Holy Spirit, He is reassuring us that He has not left us. He is reassuring us that, "God is with us".

On the day of Pentecost, heaven is lowered to earth again by the descent of the Holy Spirit. And now, these disciples and apostles become more luminous than the stars. They became lights for the whole world, continuing to shine brighter than the stars by their teachings of heavenly matters.

The Holy Spirit has never left mankind. After descending upon the disciples and apostles, the Holy Spirit guided the first members in the church. It made a fisherman, a disciple. It made a publican, an evangelist. The Holy Spirit made a blasphemer and persecutor of Christians, a chief apostle. It is this same Holy Spirit that ordained bishops, presbyters, and deacons. It guided the 318 Holy Fathers of the First Ecumenical Council, who we remembered last Sunday, and all the holy men and women who have protected and preserved the Church until this day.

It is this same Holy Spirit that the priest invokes, asking Him to descend upon the gifts during the Divine Liturgy and making them the Body and Blood of Christ, and making us worthy to partake of them. It is the same Holy Spirit that descended upon us when we were baptized, sealing us with His gifts. On the day of our baptism we became temples of God and vessels of the Holy Spirit.

On that day of Pentecost, "suddenly there came to be a sound from heaven, as of a rushing mighty wind, and it filled the whole house where they were sitting". The house says, St Gregory Palamas, became a spiritual font for the Apostles, like our baptismal font, because Christ promised them saying that they "were to be baptized by the Holy Spirt". At that very moment, says St. Nicodemus the Hagiorite, the all-Holy Spirit wrought three changes in the Apostles. The first was a change in their mind, for they were no longer concerned for worldly things. Earlier, even after Christ rose from the dead, they had asked him if was going to restore the Kingdom of Israel. They had not come to full knowledge yet, wondering and asking about the establishment of an earthly kingdom. But after the descent of the Holy Spirit, they understood the greatness and importance of eternal things, sacrificing their worldly life for the inheritance of the eternal life.

The second change was a change in their heart. Before the day of Pentecost, they were fond of their life, and thus were cowards. They protected their life: Peter denied that he knew Jesus three times, and the disciples and Apostles, even after the Resurrection of Christ, out of fear remained in the upper room behind locked doors.

But after the Holy Spirit descended upon them, He changed their hearts. He changed their weakness into courage and bravery, for courage comes from the heart. After that day, they became mighty Apostles and martyrs, preaching to everyone who wanted to listen, even though their lives were in danger.

The third change happened in their tongues. Before they spoke about earthly things. They asked Jesus if they could sit at His right hand and His left hand in His glory (Mk 10:37) and a little later they complained about the woman using the expensive ointment to anoint Jesus, rather than selling it to give the proceeds to the poor. However, when they were enlightened and baptized by the Holy Spirit, they spoke of lofty and great things, preaching to the whole world about the Holy Trinity, the Resurrection of Christ, the Kingdom of Heaven, and baptism and repentance for the remission of sins.

These changes occurred after the descent of the Holy Spirit, when the Comforter dwelt with the disciples and apostles and all the leaders of the Church. These changes, my beloved, must occur with us also. We became members of the church when we were baptized and we received the gifts of the Holy Spirit. We became vessels of the Comforter, however, we have not tried our hardest to become true temples of God.

It is our duty to examine ourselves and see if we have made these changes like the disciples after our baptism. For we also must change our mind. We must ignore worldly things and seek spiritual matters. We must keep the Holy Spirit within us, asking Him to enlighten us and not to allow the flame in us to extinguish. How can we achieve this? St John Chrysostom says, "Just as the light of a lantern is fueled by oil, and when the oil burns off, the light is extinguished as well; in like manner, the grace of the Holy Spirit ignites and illumines us when we have good works and have much almsgiving and compassion for the poor in our soul. When they are absent, however, then does grace also disappear and depart".

We also must change and become courageous. We must become courageous in the faith. Let us ask the Holy Spirit to enlighten us and to comfort us, helping us avoid all temptations. Let us ask Him to make us brave, not to be afraid of being Orthodox, not being afraid to fast, not being afraid to abstain from impurities, not being afraid to say "NO" to things that are immoral and things that are not Godpleasing. And lastly, and just as important, we must change our tongues, meaning we must control our tongues. We must avoid all gossip and idle-talk. Instead, we must try to always speak of edifying things, matters of the soul and the eternal life. "Every tongue should confess that Jesus Christ is Lord, to the glory of God the Father" (Phil. 2:11).

Today, we celebrate the historical event of the descent of the Holy Spirit upon the apostles. This occurred fifty days after the Resurrection of Christ. However, really, for us Orthodox, we celebrate Pentecost every day. When we begin our morning prayers, when we begin a service of the Church, we begin with the words, "Heavenly King, Comforter, the spirit of Truth". It is every day that a Christian calls for the descent of the Holy Spirit. He has never left us or the Church. The Holy Spirit dwells with all of us. We must do all we can to keep it within us so it may guide us and enlighten us. Let us ask Him to "come and dwell with us, and cleanse us from every stain, and save our souls O, Good One" AMEN.

ANNOUNCEMENTS

- Construction continues on the entryway of the Cathedral.
 To donate to the Entryway Fund, please tear off the
 bottom of this page and hand it to someone at the
 pangari.
- This year's Greek Independence Day Parade has been postponed. We will keep you informed of the date change



ENTRYWAY FUND DONATIONS

Please mark next to the item you would like to donate:

Column	\$10,000
Steps	\$3,000
Platform (5 SF)	\$1,5 00
Other Donation	

To donate- tear off this slip from the Newsletter and give it to a member of the office.

Please make checks payable to "Cathedral of Saint Markella"